



STOP. LOOK. LIVE.

Ladder Safety Tips for Spring Cleaning Jobs

Contact with overhead power lines can result in severe injury or death. Fortunately, most electrical accidents can be prevented. Before you begin any job, whether it's using a ladder when pruning trees, cleaning gutters or doing other work around your home, remember to look for electrical safety hazards – including power lines – and stay clear of them.



For more tips on staying safe around electricity, visit firstenergycorp.com/publicsafety

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Remember these three words to help you stay safe:

STOP

When working with ladders outside, always start by surveying the area and identifying all power lines and electrical equipment.

LOOK

Know where power lines are located and always contract and carry your ladder horizontally when moving it from one area to another.

LIVE

Keep all ladders and other tools **at least 10 feet** from any overhead power lines. Stay aware and stay safe.

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